



THE VILLAGE AT THE TRIANGLE

New Home for the Holidays: Bringing Traditions When Downsizing

The holiday season is steeped in traditions—those familiar sights, sounds, and flavors that connect us to cherished memories and loved ones. When moving to a new home or senior living community, seniors may wonder if and how those treasured practices will translate into a new space and lifestyle.

The wonderful news is yes, they absolutely can!

Luxury senior living communities like Village of the Heights are designed to be extensions of home, providing beautiful settings, incredible meals, and vibrant activities while wholeheartedly welcoming each individual's unique personality. Bringing personal traditions is essential for making a new residence feel like home, especially during the holidays.

Here are three specific tips for seamlessly integrating personal traditions into a new home and lifestyle when moving to senior living.

Curate Personal Holiday Decor

Each residence is a private sanctuary, the perfect place to showcase the decorations that truly define the season. When moving, be sure to include seasonal and holiday decorations. Instead of bringing every box, select the most meaningful pieces. Choose the small, sentimental menorah or nativity set, the special ornaments that hold family stories, or the cozy holiday throw blanket. These select items will infuse your space with personal warmth without overwhelming it.

Tip: For larger decorations, consider how they might be downsized. For example, if you typically have a large decorated tree or grand lights display, consider how it could translate a smaller tree or windows.

Share a Treasured Family Recipe

Food is often the centerpiece of holiday traditions, carrying powerful memories through smell and taste. Moving doesn't mean leaving your famous recipes behind.

Tip: Talk to our culinary team! At Village of the Heights, our chefs curate elegant, seasonal menus, and they often enjoy incorporating resident favorites. Share the recipe for your signature holiday cookies or that special stuffing. You might even be able to schedule time to prepare it with family in a community space, or request the kitchen prepare it for a special holiday meal with your guests.

Prioritize Time for Traditions

The most important part of any tradition is the act of sharing it with loved ones. In addition to our beautiful residences, Village of the Heights offers beautiful gathering spaces perfect for hosting.

Tip: Plan a specific time and place for traditions. If your family always sings carols around the piano, reserve one of our lovely common areas for a small get-together. If your tradition is a quiet afternoon of writing holiday cards, set aside time in your apartment, perhaps inviting a new friend or neighbor to join you. Having dedicated time ensures the tradition continues and creates new memories in your new Austin home.

Maintaining Traditions that Stay the Same

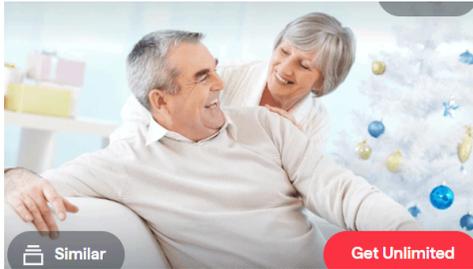
While personal living spaces may change, your family’s favorite destinations and local traditions will continue (and, with less on your plate, you’ll have more time to enjoy them!) With our premier location in the heart of Austin, The Village at The Triangle provides residents access to the city’s best seasonal events. Nearby [Austin Ballet](#) offers performances of The Nutcracker throughout the season, a beloved tradition for many families.

The holidays are a great time to experience The Village at The Triangle, especially with **visiting family**. Schedule a tour and experience our community firsthand!



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The Village at The Triangle in Austin, Texas, offers a vibrant senior living experience with independent living, assisted living, and memory care options. Residents enjoy the convenience of being within walking distance of local restaurants and entertainment venues. The community itself features amenities such as a relaxing heated indoor pool and scenic walking trails for outdoor enjoyment.



Living Options

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